

**Name:** Alice

**Age Range:** 70 - 80 years of age

**# of Sessions Received:** 3 Sessions

**3 Words to Describe BCST:** Beneficial, Calming & Rejuvenating

**What are some specific benefits/breakthroughs you experienced after receiving BCST?**

It permanently removed the knee joint pain I was experiencing. It also helped relax muscle tension in my shoulders.

**How has this impacted your life?**

Free range of motion without pain makes tasks easier to accomplish in both my personal and professional life.

**What would you tell someone who is thinking of trying BCST?**

It is definitely worth a try. The results may be surprising.

**How does the craniosacral space/environment feel when you come for a session?**

Friendly and welcoming

\*Clients of Sacral Sol BCST offer testimonials that reflect their own personal experience. Client testimonials do not constitute medical claims, and are not a guarantee of future outcomes or experience for any other individual. No statements on this website have been clinically proven or evaluated by the FDA.