

Name:	Taylor
Age Range:	18 - 29 years of age
# of Sessions Received	5 Sessions
3 Words to Describe BCST:	Restorative, Loving & Unraveling

What lead you to BCST, and were you experiencing doubts/fears before scheduling a session?

Curiosity in the more subtle healing modalities. There were some doubts because of how subtle the work is, but after my second session I knew that this type of healing is transformational. Though I don't experience too much daily pain, I was dealing with anxiety and stuck energy in my sacrum as well as throat/jaw which improved with the sessions.

How does the Craniosacral space/environment feel when you arrive for a session?

The space Evelyn has curated is so tranquil.
You can show up just as you are and always receive love and gentle healing.

*Clients of Sacral Sol BCST offer testimonials that reflect their own personal experience. Client testimonials do not constitute medical claims, and are not a guarantee of future outcomes or experience for any other individual. No statements on this website have been clinically proven or evaluated by the FDA.